

Masking - Make an Informed Decision

Masking is a medical intervention with NO scientifically nor medically proven benefit that prevents the spread of any airborne virus, but which poses health and medical risks.

We encourage you to do your own research to make an informed decision.

For information on the efficacy and safety of masking see our summary of masking research at: tinyurl.com/ycvwvvpj



If you live in a community where masking is required by law, review your local bylaws or public health order. Inform yourself of the accepted exemptions to masking.

Exemptions may include impacts on breathing, medical and/or religious reasons, any physical or mental health medical reason, among others.

Note that there is no personal documentation necessary to claim an exemption to wearing a mask.

Suggested Actions

- If refused entry or service because you are unmasked, declare your exemption (or provide a printed Notice of Exemptions - see your community's bylaws or public health order).
- If an owner or employee refuses to honour your declaration of an exemption ask about what accommodation they will make for you.
- If no accommodation is made, ask for the name and contact information of the owner, manager or employee so you can file a human rights complaint.
- File a complaint with the appropriate human rights office. You may be entitled to monetary damages.
- Let the owner know why you will be taking your business elsewhere.

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