Dear Family and Friends

I am writing to you because I'm concerned about the state of the world today. The changes we have experienced, and the measures and restrictions imposed upon us are unprecedented. Never before have our rights and freedoms, our livelihoods, and the very fabric of our communities been in such peril.

What I wish to share with you may not be easy for you to hear. And so, I beg your patience and your forgiveness as I invite you to consider what is before us. I believe we are in the most important battle of our lives. I also believe that things will get even more difficult in the days ahead.

This is a very dangerous time in Canada and the world. I have not seen a threat of this magnitude in my lifetime. Our very democracy, livelihoods, economy, rule of law, right to privacy, and our freedom and autonomy are all at risk. I don't believe it is an overstatement to say that we are in an existential crisis. I also believe that if we continue on the path we are on, all of our rights and freedoms may be gone by Christmas. If you doubt this, look no further than what is happening in Australia.

Fear is Increasing Rather Than Decreasing

I am deeply shocked at the transformation that has occurred in Canadian society in recent weeks. The level of fear and panic has increased substantially. This increase is happening even though the rate of hospitalizations and individuals purportedly dying from COVID-19 has declined dramatically since the peak in early April. Instead of people's fear and panic diminishing, it is escalating.

I blame our Federal and Provincial governments, our public health officials, and mainstream media for this escalation.

What we know now that we didn't know in March is that the lethality of CV-19 has been massively overstated. If you are under the age of 60 and in good health, your risk of dying from COVID-19 is virtually zero. The evidence is clear that COVID has a low rate of mortality; a rate similar to a moderate influenza season.

The public's fear is <u>not</u> based on the actual lethality of COVID-19. Instead, the level of fear is a result of the deliberate fearmongering by our governments, public health and the mainstream media.

If our government and media were to be honest, they would be reassuring the public that we need not be so afraid. But they are not making efforts to reassure the public. They are not getting us back to normal. Instead they are repeating the mantra of a pandemic caused by a "novel" virus; they are threatening further lockdowns that they predict will last for years and delivering the message that every human is a potential source of mortal danger. The bottom

line is that the current policies and the measures being implemented by our governments and health authorities are inconsistent with the known risk profile of COVID-19.

We are sacrificing our livelihoods, our democracy, our economy, our communities, our families, and our freedom based upon a number that purportedly represents those testing positive for COVID 19. This number is rendered meaningless when it is understood that testing positive does not mean that the individual is infected or infectious.

The number becomes even more meaningless when it is acknowledged that the SARS-CoV-2 virus has never been isolated, purified, and proven to cause the condition called COVID-19. Further, the PCR test used to diagnose COVID-19 was never intended to be used as a diagnostic tool and does not conform to the most basic validation procedures for medical diagnosis. With both the daily case numbers and the purported death numbers there is abundant evidence of systemic fraud.

The Data Doesn't Justify the Measures

I know that many of you believe that our governments are doing the best they can with what they know. I'm not that generous. Two weeks ago, I sent a letter to every elected Federal and Provincial official in Canada that contained the verifiable facts. Our elected representatives know that the scientific and medical data doesn't justify the measures being imposed. https://vaccinechoicecanada.com/in-the-news/vcc-invites-elected-to-consider-the-evidence/

The facts I shared include the following:

- The use of face coverings does <u>not</u> prevent viral infection or transmission. Any perceived benefit is speculative and has not been scientifically verified. Even more disconcerting is that the use of cloth face coverings significantly increases the risk of respiratory infection, among other harms.
- The imposition of two metre physical distancing is arbitrary rather than evidence-based.
- The PCR test used to identify SARS-CoV-2 was never intended for use as a diagnostic tool and should not be used as such. The number of false positives and false negatives makes test results meaningless.
- The survival rate of CV-19 is more than 99%. For most of the general population, the risk of mortality of CV-19 is less than seasonal influenza.
- The number of deaths attributed to CV-19 has been artificially inflated by using never before used directions from the WHO to identify cause of death. Mortality data is therefore unreliable as an indicator of the risk of CV-19.

 Information that challenges the current CV-19 narrative is actively censored in the mainstream media and on social media platforms, by elected representatives and public health officials, and by professional regulatory agencies. This deprives us of the right to freedom of speech, scientific debate, and informed consent.

If our government, chief medical officers, and the World Health Organization are committed to health, stability, and a return to normal, their behaviour does not make sense. By every indicator their measures are failing miserably. According to their own numbers the case counts are rising dramatically in spite of masking and distancing measures. Our economy is in freefall. Our rights and freedoms are violated on a daily basis, our privacy is invaded, and our bodily autonomy is ignored. Our health, most especially our mental health and sense of well-being and security, is in serious decline. Unemployment is up. Bankruptcies are up. Suicides are up. Family violence is up. Drug and alcohol abuse is up. Homelessness is up. Fear and hopelessness are rampant.

There is little doubt that their measures are doing more harm than good. Imposing these measures indefinitely is unfeasible and is causing significant harm across all age groups.

I believe one of the reasons we are in such serious trouble is because Canadians are too trusting. We believe our government is representing us, the citizens. We believe our medical system is only about our health. We believe our mainstream media is honest and without bias. We believe financial self-interest doesn't affect governmental policy and decision-making. In Canada, we have not experienced the tyranny of authoritarianism that other countries have experienced such as communism, Nazism, and totalitarianism. But have no illusions, we are not exempt from such tyranny.

I know this is difficult information to hear. I know many of you are of the opinion that face masking and physical distancing are acts of kindness and that it is the least we can do. But when masking and distancing measures are imposed against one's will, when these are promoted as a health measure with no verifiable evidence to substantiate such claims, when masking and distancing evokes a chronic state of fear that is unwarranted, and when masking and the social isolation of children is known to cause serious physical, developmental and psychological harm, these measures are doing more harm than good.

But this means questioning what we are being told. This means questioning the motives of our government, public health officers, and mainstream media. And for many, to invite doubt on the honesty, integrity and intentions of these organizations and institutions is too difficult to consider.

Am I Being Selfish?

Those of us who question the prevailing narrative and demand independent scientific and medical evidence are accused of "being selfish", amongst other labels. The argument put forward is that we are only concerned with ourselves.

I see it another way.

I see the complete dismantling of our rights and freedoms and our sovereignty, both individual and national. I see the destruction of our economy, our livelihoods and our communities of care. I see the opinions of the uninformed, the misinformed, and those with conflicted interests dictating personal lifestyle and healthcare choices for the rest of us. I see robust, evidence-based practices being discarded and the scientific facts considered irrelevant. I see the aggressive censoring of dialogue and debate if the information doesn't conform to the government's narrative.

I see another agenda at play. An agenda to create a 'new normal' where human rights and freedom are discarded and replaced by mandates and dictates of autocratic and unelected leaders. Where corporations, free of legal liability, are at liberty to impose vaccines, digital chipping, contact tracing, and immunity passports upon citizens, with or without our consent.

If I were truly selfish, the easiest course of action right now would be to line up for that injection, don a mask, ignore when my privacy is violated, and confine myself to my home.

But I can't do these things and I won't do these things.

I can't allow this encroaching tyranny to capture my family, my community, and my fellow human beings. When I resist poorly tested vaccine products, micro-chipping, forced masking, the loss of privacy, and immunity passports, I'm not doing it for my well-being. I resist these flagrant violations of our rights and freedoms, of science and democracy for my children and grand-children's children. I've lived my life with rights and freedoms, and I recognize when these freedoms are being unnecessarily constrained.

I know that governments, corporations and well-intended citizens can do evil while purporting to do good. I know tyranny exists and I know the characteristics of psychopathic and sociopathic behaviour. I have lived long enough to recognize the markings of an encroaching imprisonment. I resist these measures because I believe resistance is for the greater good.

I know that strong and healthy individuals are the basis of a strong and healthy society. If the measures being imposed don't take into consideration the health of our community, the health of our economy, and the health of our relationships; if the actions violate our rights and freedoms and our bodily sovereignty; and if the actions are not evidence-based, they are not the right actions.

I believe it's time to stand up and defend our freedoms, our families, and our country. Taking orders from financially conflicted philanthropists and foreign entities does not serve us well. I will not stand by and allow this manipulation of our hearts and minds to destroy everything we hold precious. I will not go along because it is easier.

As some of you know, I have been actively involved in the movement to ensure honesty, transparency and accountability as pertains to the practice of vaccination. These same principles are important in our response to COVID.

In July 2020, **Vaccine Choice Canada**, a not-for-profit society of which I am the current President, filed legal action against the Government of Canada, the Government of Ontario, the City of Toronto, various medical officers and the Canadian Broadcast Corporation. We intend to hold them accountable in an evidence-based discussion in a court of law.

If you are not familiar with **Vaccine Choice Canada**, I invite you to visit our website, review the legal Statement of Claim, become a member, and donate to our legal challenge. Our website is www.vaccinechoicecanada.com

I also encourage you to subscribe to the **Constitutional Rights Centre**, initiated by Canadian Constitutional lawyer, Rocco Galati. The website is www.constitutionalrightscentre.ca

I thank you for the time you've given me in reading this, and for your consideration and courage during this unprecedented and extraordinarily challenging time. May you receive this information with the love and compassion that moves me to share this with you.

If you support these questions, considerations, and values I invite you to share this letter with your network of friends and families.

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Resources for your consideration:

Vaccine Choice Canada - www.vaccinechoicecanada.com
Constitutional Rights Centre - www.constitutionalrightscentre.ca
Children's Health Defense - https://childrenshealthdefense.org/
Informed Consent Action Network - https://www.icandecide.org/
National Vaccine Information Center - https://www.nvic.org/
Action4Canada - https://action4canada.com/
Stand Up Canada - https://standupcanada.ca/

PS.

Timothy Snyder, the author of **On Tyranny**, offers us lessons if we are committed to protecting and preserving our rights and freedoms. I want to share eight of his lessons with you.

Lesson #1 - Do not obey in advance.

The reality is that most of the power of authoritarianism is freely given. Many citizens, in response to growing tyranny, engage in what Snyder calls "anticipatory obedience". The lesson

here is to not mindlessly obey. Rather, insist that any measures that infringe on our rights and freedoms be minimal, necessary, justified and finite.

Lesson #2 - Take responsibility for the face of the world.

The world reacts to what we do. The minor choices we make are themselves a kind of vote. In the politics of the everyday, our words and gestures, or their absence, count very much. Ensure that your actions are in alignment with your values. Don't assume that your actions are insignificant. Ensure that your actions support the kind of world you want to live in.

Lesson #3 - Believe in truth.

To abandon facts is to abandon freedom. What we are witnessing today is the abandonment of facts. Measures being imposed in response to CV-19 are not based on science. They are not based on evidence. And they are not based on consent. Snyder warns: post-truth is pre-fascism.

Lesson # 4: Investigate.

Take responsibility for what you think and communicate with others. It is your ability to discern facts that makes you an individual, and it is our collective trust in common knowledge that makes us a society. The leader who dislikes the critic is a potential tyrant. When reality is denied, discussion silenced, and criticism censored, we are easily captured by the lie.

Lesson # 5: Practice corporeal politics.

For resistance to succeed, we need to meet, greet, exchange information and then claim our wisdom and authority as a community. Snyder states that "nothing is real that does not end on the streets." He advises us to – "Make new friends and march with them." If tyrants feel no consequences for their actions, nothing will change. We need to be visible and vocal.

Lesson #6: Listen for dangerous words.

Be attentive to the use of words such as 'emergency' and 'exception'. A tyrant outmaneuvers his opponents by manufacturing a conviction that the present moment is exceptional, and then transforming that state of exception into a permanent emergency. The "novel" coronavirus is being presented as exceptional; a never before seen infectious agent that requires never before utilized measures. We should be on our guard when our governments and media try to train us to surrender freedom in the name of exceptionalism.

Lesson #7: Be calm when the unthinkable arrives.

Tyrants exploit crisis in order to consolidate power. The sudden disaster that requires the end of checks and balances, the dissolution of parliament, the suspension of freedom of expression, the violation of our right to informed consent, the end of privacy, the right to a fair trial, the right to assembly, and so on, is the oldest trick in the tyrant's book. Do not fall for it.

Lesson #8: Be as courageous as you can.

The bottom line is we need to stand up for our rights and freedoms. If none of us is prepared to die for freedom, then all of us will die under tyranny. We would be wise to heed the words of

John F Kennedy – What is the point in surviving if our rights and freedoms do not survive with us?