

CHOICE INSIDER

September 27th, 2023

Education, Healing
and Inspiration

Message from Ted



Dear VCC Community,

We are in unprecedented times. We are dealing with a threat to our way of life, our sovereignty as an independent nation and our very existence as a people. I suggest we

are in the midst of an existential crisis, one in which the future of humanity hangs in the balance. We are being attacked on multiple fronts from vaccines and the poisoning of our food, water and air to attacks on the innocence of our children. While it is easy to become despairing as the full extent of the assault becomes even more apparent, we cannot indulge in despair. This is a battle that must be won. There is no fall back position.

VCC member Connie Fogal shared a beautiful message of inspiration to a discouraged colleague. I share it with you here:

“Evil is thrashing around causing havoc and damage as it seeks to take dominion over the human soul trying to usurp God by fusing itself into the human form via AI, vaccines, 5,6,7 G, chemtrails, chemicals in soil and water, mind control, spike proteins, fear, social isolation, and hatred.”

Our job is to remain on course. There is no room for despair. If our front lines rupture, those behind must keep pressing forward because truly it is "Do or Die!!!". It is not about death to the body. It is about preventing evil from capturing and destroying our souls severing our connection to God."

I couldn't have said it any better.

Thank you Connie.

We need to keep our focus and shine our light on the darkness. What is being revealed needs to be revealed.

Stay in love and truth knowing we will ultimately prevail.

Ted

**VCC Live
Broadcasts**

VCC - CHA Live Wed (No Guest Sept 27th)

VCC Live Thu

September 28th, 7:00 pm
ET

Open Discussion

Join us to catch up with each other and share stories of action and encouragement. Our Thursday evening Open Discussions take place the second and fourth weeks of the month.

[REGISTER](#)

VCC Live Tue

October 3, 10, 17, 24 & 31,
7:00 pm PT

Open Discussion

Join us to catch up with each other and share stories of action and encouragement. Our Tuesday Open Discussion continues to take place weekly. Please note that the same Tuesday registration link can be used for the current month.

[REGISTER](#)

VCC - CHA Live Wed

October 4th, 7:00 pm ET



Brian Hooker, Ph.D.

Vax-Unvax: Let the Science Speak

Brian Hooker, Ph.D. co-authored the New York Times best-selling book **Vax-Unvax: Let the Science**

Speak with Robert F. Kennedy Jr. He is the Senior Director of Science and Research at Children's Health Defense and formerly a Professor of Biology at Simpson University. Dr Hooker has dedicated his science career to the field of vaccine safety. The 2016 film *Vaxxed: from Cover-up to Catastrophe* chronicles his work with whistleblower Dr. William Thompson, which exposed massive fraud and corruption at the CDC. He has a 25-year-old son with autism. **Read more on the CHD Website**

REGISTER

VCC Live Thu

Oct 12th, 7:00 pm ET

Steve Merrill

Investing in Precious Metals

Steve will be discussing how to diversify your assets with precious metals.

[REGISTER](#)

VCC Live Thu

October 26th, 7:00 pm ET

James Lunney

**Digging into the Benefits of
Vitamin D**

As a life-long student of human physiology, James has long acknowledged the benefit of Vitamin D to our health. With the advent of Covid-19, the role of Vitamin D has been a subject of increased interest since all over the world research has revealed that severe infections, hospitalizations and deaths were directly (inversely) related to the serum levels of Vitamin D. Let's dig in to learn about how Vitamin D was designed to work synergistically with other nutrients to bolster our immune system and how best to incorporate it into our supplements regime.

[REGISTER](#)

**Peace Begins
With Me**

Author - Ted Kuntz

In the coming weeks I will share the six ways I fed my negative wolf.



Imagining the Worst

When confronted with a situation where the outcome was unknown I often responded by imagining the worst possible scenario. I suspect this habit had something to do with the belief that I was preparing myself to handle any difficulty that might arise. Once I started to be more observant of my thoughts and

behaviours and the direction they pointed me in, I discovered a serious problem with this strategy.

Whenever I imagined the worst possible outcome I'd experience intense fear and anxiety. My heart would pound rapidly and my thoughts would race out of control. I noticed it was irrelevant whether what I imagined eventually occurred. Simply thinking about a negative outcome caused significant emotional and physical distress.

Medical research confirms my observations. The physical body does not distinguish between a real event and an imagined event; the effect is the same. Thus, whenever I imagine a negative outcome or tell myself a negative story I create distress equivalent to these events *actually occurring*.

I discovered something else of significance. I discovered fear is

never about something occurring in this moment. **Fear is always about a future event.** Fear is always about something I imagine might happen. The cause of fear is amazingly simple. Fear occurs whenever I tell myself a negative story about a future event.

FEAR = Future + Negative Story

The imagination is very powerful. We can create pleasure or pain, joy or fear with the simple use of our imagination. Unfortunately most people use their imagination to create pain and fear. They do this by imagining negative outcomes rather than positive outcomes. Research reveals the average person thinks nine times as many negative thoughts as positive thoughts. This means they tell nine negative stories for every positive story. No wonder so many people live in a chronic state of fear and anxiety.

*“I’ve had a very difficult life.
Fortunately, most of it didn’t happen.”*

Mark Twain

**Don't let the dark side lower our
frequency with fear.**

**BOOK AVAILABLE IN OUR
STORE**

Essay of the Week

National Citizens Inquiry Recommends Immediate Halt to COVID-19 Vaccinations

The National Citizens Inquiry (NCI) released the first recommendations of its four independent Commissioners following an investigation into how Canada’s governments responded to COVID-19.

The Commissioners

recommend that:

- A full judicial investigation of the process under which the Covid-19 vaccinations were authorized in Canada must be carried out. Criminal liability, if discovered, may be dealt with under existing Canadian law.
- The current use of Covid-19 vaccines in Canada that were authorized under the revised provisions of the Interim Order and the newly revised Food and Drug Regulations, should be stopped immediately. The Commissioners' recommendations are based on testimony provided to the Inquiry indicating that the conventional evaluation and endorsement process for vaccines was not adhered to by the Canadian Government in their evaluation of the COVID-19 vaccines.

Access [The Commissioners Interim Report](#) on the NCI website

Included is a [letter to Prime Minister Justin Trudeau](#)

Video of Commissioner's Press

Conference - Sept 14

Citizen-Led Inquiry Asks Ottawa to
Cancel COVID-19 Vaccine Approval -
Epoch Times

[NCI Website](#)

Keep Your Membership Alive

We Can't Do This Without You.

We are 100% dependent upon your memberships and donations. We invite you today to become a member or renew your membership of VCC [HERE](#). To donate please use

the link below.

[TO DONATE](#)

Great Reads

A Common-sense Approach to Childhood Vaccines Is Now Needed

World Council for Health - The Covid-19 crisis has demonstrated that regulatory bodies, once public watchdogs, are now at best incompetent and at worst have been deeply corrupted by pharmaceutical industry interests.

[READ](#)

Save Our Sovereignty

Don Findlay Substack - No one is coming to save us. We the people must do it ourselves.

[READ](#)



The State of Law in Canada

Ted Kuntz - Never before have justices presiding in a court of law systematically deferred to government dictates without the need to provide evidence that the violations of fundamental rights and freedoms of Canadians are demonstrably justified.

[READ](#)

Here Is What I Don't Understand

Laura Hayes - Parents who heed sensible warnings from other parents, except when the warnings pertain to vaccines.

[READ](#)

Great Videos



Truth Talk - Interview with Ted Kuntz

On September 18th, 2023 **VCC president, Ted Kuntz** was interviewed by Allan & Corri Hunsperger of Truth Talk. Enjoy! (28:30)

[WATCH](#)

How the FDA Has 'Gone Rogue'

Epoch TV - Dr. Robert Malone on the
'*Negative Effectiveness*' of New
COVID Booster, and how the FDA
has gone rogue. (25:42)

WATCH



**Dr. McCullough
Testifies the Truth
About COVID-19,
mRNA Shots, and
the WHO**

It's time to pull out from the World Health Organization. Dr. McCullough explains why. (17:35)

[WATCH](#)

15 Minute Cities in 5 Minutes

VCC Director Joel Sussmann gave a powerful explanation to the Aurora City Council September 20th, 2023 on the dangers of 15 minute cities. The standing ovation said it all.(8:02)

[WATCH](#)

Podcast of the Week

VCC Podcast

Ahnnalee Elman discusses healing potential of German New Medicine
(1:38:15)

[LISTEN](#)

The NCI Commissioner's Interim Report

September 14th, 2023 - Ches Crosbie, Administrator for the NCI discusses the interim report on a local radio talk show. (7:07)

[LISTEN](#)

You Won't Ever Want to Vaccinate Yourself Or Your Kids Ever Again

In the interview with Aaron Siri, Doc Malik was able to highlight many reasons why we can never trust big pharma vaccinations again.

LISTEN OR READ

Join a Local Chapter

Interested in Starting a Chapter?

Would you like to become involved with VCC in your local community? Check out our [List of Chapters](#) to see if there is a chapter already in your area. If not, please contact our Chapter Coordinators, Peter and Sharon, for more information.

CHAPTERS@VACCINECHOICECANADA.COM

We Are Looking for VCC Ambassadors

Ambassadors agree to be a local contact for parents wishing to gather more information about the vaccination decision. Let us know if you would like to serve as a Vaccine Choice Ambassador. Please use the

email below to contact us.

CHAPTERS@VACCINECHOICECANADA.COM

Actions of the Week

Petition to Stop Scientific Censorship Via the Backdoor

Hold journals accountable.

[SIGN THE PETITION](#)

Masking Flyer

A flyer produced by CHD to share with those who still believe that masks are safe, effective and necessary.

[DOWNLOAD](#)

Unmask Canada

"Masks are splash guards. They are not filters. The air goes around them and they do not stop pathogens." - Dr. Mike Yeadon

[UNMASKCANADA.COM](https://unmaskcanada.com)

Freedom Rising Newsletter

Read the next Freedom Rising
Newsletter #56

[READ](#)

Protecting Our Right to Natural Health Care Products

1. Call your MP and request an in-person meeting.
2. Write a letter to your MP.
3. Subscribe to the Natural Health Products Protection Association to receive their updates and action items.

[NHPPA.ORG WEBSITE](https://www.nhppa.org)

Protect Pregnancy Campaign

Canadian Covid Care Alliance - The precautionary principle demands that we err on the side of caution when there are unknown risks for a given medical product. This is especially true for pregnant and breastfeeding women who must consider not only themselves, but the impact on their developing fetus or child.

[CCCA WEBSITE](#)

Wake up your Neighbourhood

Have Druthers delivered to their door.

[TAKE ACTION](#)

Diversify Your Assets

See this special offer for Vaccine Choice Canada members to place a portion of your portfolio in precious metals.

SPECIAL OFFER

Upcoming Events



The End of COVID

Free Replay

October 1 - 11

This series comes highly recommend with 90 videos, featuring short films, interviews, and long-form presentations. The End of COVID is covering everything that's happened over the past three years. You can watch or purchase the series with our affiliate link below:

[THE END OF COVID LINK](#)

Your Consultation With A Homeopath:

What to expect and how to get the most out of it - A free presentation by Dr. Shahram Ayoubzadeh. With

over thirty years of clinical and educational experience, he is presently the Clinical Director of Integral Health Clinic in Ottawa and the CEO and Dean of the Canadian College of Homeopathic Medicine in Toronto. For more information on homeopathy:

<https://homeopathycoalition.ca/>

**Webinar: Monday October 2nd
2023 4:30 PDT/7:30 EDT**

This webinar is free but you must register to receive your link

REGISTER

Hands-On Homeopathy: Dr. Stephen Malthouse

- **Course dates Oct 10, 17 and**

24 at 5:30 pm PT. (2 hours each night)

- Cost \$110. VCC members \$85. (includes workbook and discounts homeopathy kits)
- Textbook must be purchased separately (approx \$17)
- Limited to 24 participants, but spouses (only) can share the zoom screen for free.
- ***(PLEASE NOTE. THIS workshop is now full with a waiting list and will be made available again at an undetermined date in the new year)***
- If interested, contact:
scmalthouse@zohomail.com



**Music of the
Week**



Hands Off Our Children

Joydah Mae - *"We are the guardians of the children and the next generations to follow."*

[LISTEN](#)

Book Recommendations

THE BATTLE FOR THE SOUL OF CANADA

FIRING THE FORGE



GRANT S ABRAHAM

The Battle for the Soul of Canada

Grant Abraham states - *“A war is raging for the soul and identity of Canada. The problem is that we are*

having the wrong conversations.” We can all see and feel the changes in our society and how it is being broken apart, yet, somehow, we are afraid to publicly acknowledge what is going on. Its time for courageous conversations.

BUY THE BOOK HERE

Be Your Child's Pediatrician

Discover how to cope with and speed the healing of many illnesses. Deal with ADD and allergies, asthma and bed wetting and more. This books helps parents be comfortable with helping your child to health without a visit to the doctor. A must for any new parent.

BUY THE BOOK HERE

Quote of the Week

"It seems to me that we have created a world where those defined as victims have all rights and no responsibilities. Those of us who are not victims – working people who keep our society running – have all the responsibilities and no rights. This situation is divisive, destructive, and unsustainable."

– Dr. Chris Milburn

A note about privacy

By registering you agree to participate in a Zoom call open to member, subscribers and their contacts. Information shared during the Zoom call is available to all participants, including images, your name, chat or oral comments and questions. Please use your own discretion since VCC cannot guarantee your privacy. Suggested steps you can take if this is a concern: please consider using your first name only or an alias; keep your video off; and refrain from sharing personal identifying details in the chat.

Vaccine Choice Canada is a federally registered, volunteer run, not-for-profit educational society dedicated to helping families make voluntary, fully informed, and health-conscious choices. This information is for educational purposes and is not intended as legal, health or medical advice.

Vaccine Choice Canada

PO Box 23023, Belleville, ON
K8P 5J3 Canada